

VETERANS FOR CHRIST, INC.
P.O. BOX 362234
DECATUR, GA. 30036



November 2022

2023 Veterans disability compensation rates

- Review 2023 Veterans disability compensation rates. Use our compensation benefits rate tables to find your monthly payment amount. We base your monthly payment amount on your disability rating and details about your dependent family members.
- Compensation rates for Veterans with a 10% to 20% disability rating
- Effective December 1, 2022
- Note: If you have a 10% to 20% disability rating, you won't receive a higher rate even if you have a dependent spouse, child, or parent.

▪ Disability rating	▪ Monthly payment (in U.S. \$)
▪ 10%	▪ 165.92
▪ 20%	▪ 327.99

- Compensation rates for Veterans with a 30% to 100% disability rating
- Effective December 1, 2022
- With a dependent spouse or parent, but no children
- Expand all +
- Compensation rates for 30% to 60% disability rating
- Compensation rates for 70% to 100% disability rating

- **With dependents, including children**
- **Expand all +**
- **Compensation rates for 30% to 60% disability rating**
- **Compensation rates for 70% to 100% disability rating**
- **Note: We're required by law to match the percentage of cost-of-living adjustments made to Social Security benefits. These adjustments help to make sure that the purchasing power of your benefits keeps up with inflation.**
- **[Get the latest cost-of-living adjustment \(COLA\) information on the Social Security Administration's \(SSA\) website](#)**
- **How to use the tables to find your monthly payment**
- **Find your basic rate**
- **Go to the compensation rates for your disability rating. On the Basic monthly rates table, find the amount for your disability rating and dependent status. This is your basic monthly rate.**
- **Example (Veteran with no children):
If you're a Veteran with a 30% disability rating, and you have a dependent spouse (no dependent parents or children), your basic monthly rate would be \$568.05 each month.**
- **Find your added amounts, if any apply**
- **If your spouse receives Aid and Attendance benefits or you have more than one child, you may qualify for additional monthly payment amounts as listed in the Added amounts table.**
- **[Learn more about Aid and Attendance benefits](#)**
- **First, determine your basic rate.**
- **Example (Veteran with children):
If you're a Veteran with a 70% disability rating, and you have a spouse, plus 3 dependent children under the age of 18, you would start with the basic rate of \$1,907.06 (for a Veteran with a spouse and 1 child).**
- **Next, look at the Added amounts table. Find the amount for children under age 18 (\$70.00).**

- **Since your basic rate already provides payment for 1 child, you would add the rate of \$70.00 for each additional child (so \$70 x 2).**
- **If your spouse receives Aid and Attendance, you would also add \$130 (which is the added amount for a spouse receiving Aid and Attendance, for a Veteran with a 70% disability rating).**
- **In our example of a Veteran with 70% disability rating, your total monthly payment amount would be:**
 - **\$1,907.06 basic rate (1 spouse, 1 child)**
 - **+ \$70 (second child under 18)**
 - **+\$70 (third child under 18)**
 - **+\$130 (spouse who receives Aid and Attendance)**
 - **Total \$2,177.06**

Upload evidence to support your disability claim

If you've filed a claim for disability compensation, you can continue uploading more evidence for up to one year to support your claim. Evidence may include supporting documents like medical test results, doctor's reports, and other records. Upload your evidence online now.

How do I upload evidence online to support my disability claim?

If you're waiting for a decision on your disability claim, you can upload evidence to support that claim using our claim status tool.

[Upload evidence using our claim status tool](#)

Note: For any other type of document you'd like to submit online to us, please use the QuickSubmit tool through AccessVA.

[Upload other types of documents through AccessVA](#)

If I filed a standard disability claim, when should I upload evidence?

Upload your evidence as soon as you can.

You can continue uploading documents for up to 1 year from the date we receive your claim. But, if you don't provide any evidence or give us the information we need to help you get evidence within 30 days, we may make a decision on your claim earlier.

If we decide your claim early, you'll still have the rest of the 1-year period to provide more information or evidence.

What happens if I upload more evidence after I've submitted a fully developed claim?

We'll remove your disability claim from the Fully Developed Claims program and process it as a standard claim.

If we decide your claim earlier than 1 year from the date we received the claim, you'll still have the rest of the year to provide any additional information or evidence.

What kinds of documents should I upload to support my disability claim?

Federal and state records

You could include copies of federal and state records, such as:

- Your military medical records
- Your military personnel records
- Any Social Security Administration or other federal or state medical treatment records
- Any treatment or personnel records from your National Guard or Reserve unit that support your claim (if you've served in either of these branches)

If you don't have copies of these records, you can ask us to request them for you as part of the claim process.

Private medical treatment records

If you've seen a non-VA health care provider for diagnosis or treatment, you'll need to upload copies of all medical records that can provide information about the disability you're claiming.

You could include private medical treatment records, such as:

- Doctor's reports
- X-rays
- Medical lab or test results

Supporting statements

If you're claiming a disability for an injury or illness that you don't think we have in your military records, you'll also want to upload statements that support your claim. These statements should be from people who know about, or who you've talked to about, your claimed medical condition and how and when it occurred.

You can ask for supporting statements from people like:

- Service members who served with you

- Your family and friends
- Clergy members
- Law enforcement officers

Any additional forms needed to support your claim

In some cases, you may need to turn in one or more additional forms to support your disability claim.

[Check if you need to complete any additional forms](#)

Can I upload evidence online to support a decision review or an appeal?

Yes. Please use the QuickSubmit tool through AccessVA to upload evidence to support a decision review or an appeal.

[Upload evidence for a decision review or an appeal through AccessVA](#)

Veterans Affairs Life Insurance (VALife)

Veterans Affairs Life Insurance (VALife) provides guaranteed acceptance whole life coverage of up to \$40,000 to Veterans with service-connected disabilities. Lesser amounts are available in increments of \$10,000. Under this plan, the elected coverage takes effect two years after enrollment as long as premiums are paid during the two-year period.

Important Dates for VALife and S-DVI

The VALife program includes key dates and features that are important to know. They include changes that impact the Service Disabled Veterans Insurance (S-DVI) program. Click here to [VIEW IMPORTANT MILESTONES](#).

Eligibility

All Veterans age 80 and under, who have a VA disability rating of 0 to 100 percent are eligible for the VALife program and have no time limit to apply. Veterans who are 81 or older and have applied for VA Disability Compensation before age 81 but did not receive the rating for a new service-connected condition until after turning 81 are also eligible if they apply within two years of their rating.

Type of Coverage

The VALife program offers whole life guaranteed acceptance coverage. Under this type of coverage, the face amount of coverage takes effect two years after the date of enrollment as long as premiums are paid during the two-year period. This two-year waiting period replaces the need for medical underwriting. If the insured dies within this two year period, the beneficiary will receive all premiums paid plus interest.

Cost

The premium rate (the amount you will pay each month or annually for your coverage) depends on your age and the amount of coverage you elect. The premiums for VALife are fixed and based on your age when you enroll. Click here to [FIND OUT MORE ON PREMIUM COSTS.](#)

Can premiums be waived?

There are no premium waivers for the VALife program.

How to Apply?

VALife will take effect January 1, 2023. The application will become available on our website at that time. In the meantime, you can [SIGN UP FOR FUTURE EMAIL UPDATES ABOUT VALIFE](#) to stay informed.

“Be on your guard, stand firm in the faith, being men of courage, be strong.” 1Cor 16:13

Sincerely,

William A. Harris, Jr.

William A. Harris, Jr., USAF Retired
President, Veterans for Christ, Inc.
www.veteransforchristinc.org

Need to contact VA?

[Veterans Crisis Line: 1-800-273-8255](#) and press 1, [Chat](#), or Text 838255
[Homeless Veteran Resources: 1-877-424-3838](#) or [Chat](#)
[White House VA Hotline: 1-855-948-2311](#)

[1-800-MyVA411 \(800-698-2411\)](#) is never the wrong number